Guided tour

Toulouse



© Rémi Deligeon

The gourmet walk

Follow **a delicious journey through a Toulouse market.** When heritage discovery meets the tasting of local gastronomy, both your eyes and your taste buds are in for a feast.

For centuries, the Ville Rose was shaped by its rural roots: **the famous Toulouse violet** and the vegetable gardens of its suburbs enriched an ancestral expertise in agronomy (which led to the founding of the future National School of Agronomy in 1909).

In the early 1960s, Toulouse was chosen as one of eight "balancing metropolises," designed to decentralize influence beyond Paris. This ushered the city into bold modernity — including in its agro-gastronomic universe.

During this walk, **architectural heritage** serves as a guide to trace these evolutions: a bell on the façade of the iconic Capitole, a legendary grocery tucked in a charming street, tales of mule-drivers and early vendors. Through old postcards or debates on the concrete renovation of market halls during the post-war boom, each step leads you to **the most emblematic covered markets: Victor Hugo or Les Carmes.**

There begins the second half of the adventure: meeting **passionate gastronomic artisans** — master cheesemongers, delicatessen makers, or pastry chefs — ready to indulge you with tastings worth every temptation!

Yet beyond this delicious encounter, **the experience also invites reflection on the very concept of gastronomy** in light of today's evolving habits: short supply chains, the "slow food" movement, or even the food of the future.

2 HOURS

25 PEOPLE MAX.

VISITS POSSIBLE
FROM TUESDAY
TO SUNDAY

FROM 185€
EXCLUDING VAT
(ADDITIONAL CHARGE FOR
TASTINGS TO BE EXPECTED)

Information and reservations

Group services
+33 (0)5 61 11 02 30
visites@toulouse-team.com
www.toulouse-tourisme.com/visites-et-circuits-pour-les-groupes

Toulouse Team Office de Tourisme